

# My Go For It Story

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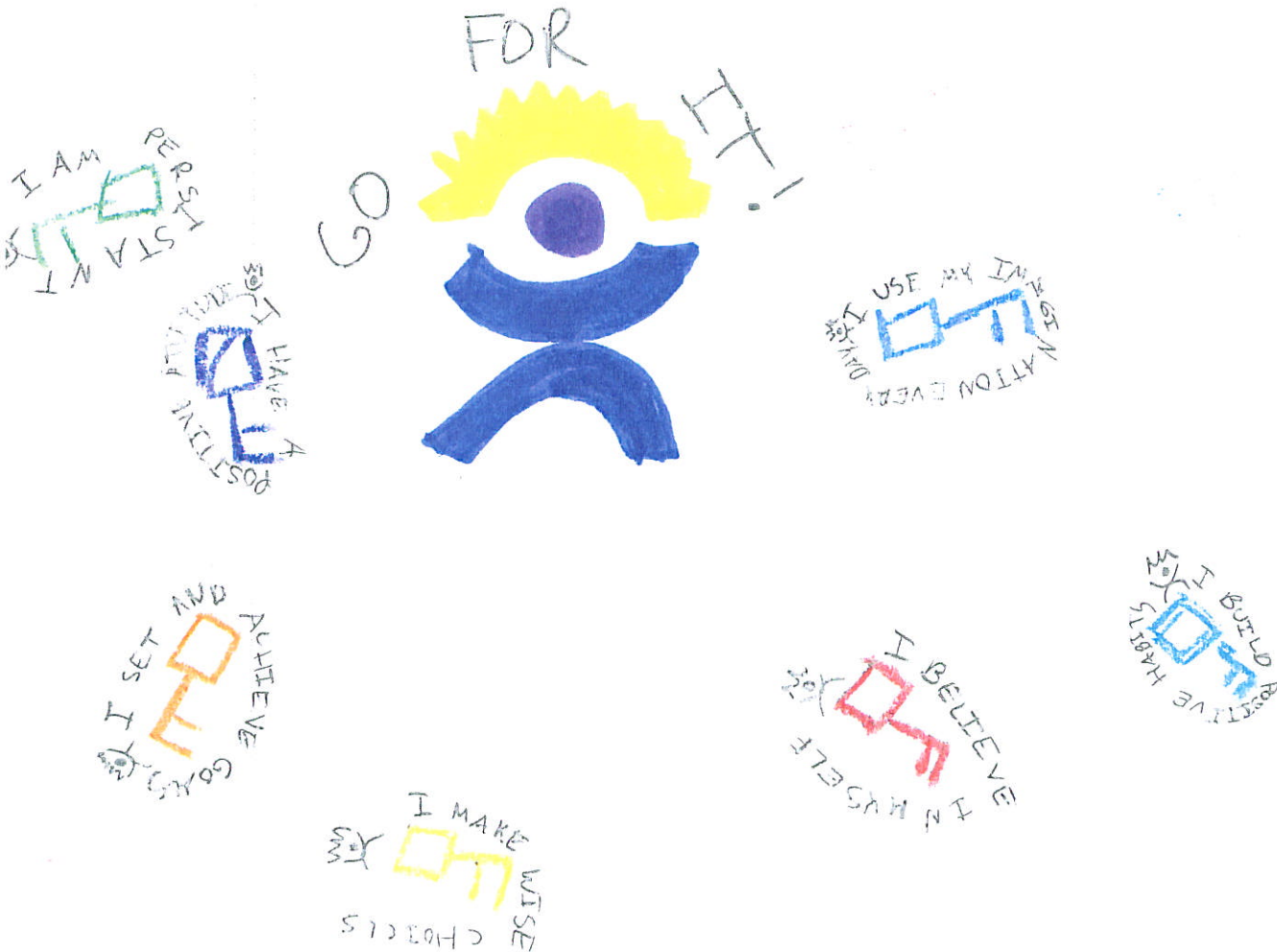
Go For It has helped me in a lot of ways. If asked which key I enjoyed learning the most, I would probably answer that all of them have been fun, exciting and interesting. But I think that the key that has helped me the most is key 1. **I Have A Positive Attitude.**

This key has helped me more than any other key because it has made me a better person. Before Go For It my mom and dad would complain about my negative attitude all the time. After our first Go For It lesson, however, I started to change.

Whenever I opened my mouth to say something negative something in my head clicked and I would change what I was going to say. At first it was hard to remember, but then it just started to happen automatically. My family and I quickly noticed and it made it easier for all of us.

I also noticed some other things happening. One of them was that I started to forgive and apologize to people more quickly than I usually did. If my sister and I were fighting and she hurt me I would go spend some time alone and try to calm down. Then I would go and forgive her, or ask her to forgive me. This made both her and me happy.

In conclusion Go For It has helped me a lot, and I am glad to know that I have a chance to study Go For It and learn to be a successful, more positive person.



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